MacLEAN METHOD of WRITING

By H. B. MacLEAN



PRACTICE

OMPENDIUM NUMBER
For Fourth and Fifth-Year
Pupils
(Grades IV. and V.)

Containing Copies for Study, Grade Standards, and Space for Recording the Pupil's Progress in Handwriting

NAME OF PUPIL

B.C. 372.51 MJG3 DATE

A Letter to You from Mr. MacLean

Provincial Normal School, Vancouver, B. C.

Dear Pupil:

You are now entering upon your fourth year at school. You will learn many new things during the next two years. You will not learn many new things in Writing, but you should learn to write much better and more rapidly.

A few new letter forms are shown in this Compendium. You may use these forms in your writing if you prefer them to the ones you learned in the lower grades. Learn to make one form well.

Use a free, gliding movement in all your written work and you will become a good penman. Always sit in a correct, healthful position.

This book must last you for two years. Take good care of it. I wish you success.

Yours sincerely,

24.13. MacLean

P.S. Before writing in this Compendium please study the instructions on Page 1. There is an index to this Book on Page 48.

How To Use This Practice Compendium

This Compendium is to be used for two years.

Grade IV. pupils will write in lines marked Grade IV., only.

Grade V. pupils will write in lines marked Grade V.

- (1) One, or two, lines in this Compendium is enough for ONE complete lesson.
- (2) Study the form of the drills, letters, words, and sentences.
- (3) Practise these on extra sheets of paper about five inches wide and eight inches long. One of these sheets is enough for a lesson.
- (4) Place this extra sheet on your open Compendium while you practise.
- (5) Compare what you have written with the forms in this Compendium.
- (6) After you have had this practice, write the lesson as well as you can in this Book. While in Grade IV., write in spaces marked Grade IV.; in Grade V. use the spaces marked Grade V. See how much improvement you can make in the year.
- (7) Try to write each line a little better than the one before, and each page better than the preceding one.
- (8) Keep this Compendium neat and clean.
- (9) Do not be satisfied until you can write as well as the Grade Standards shown on pages 44 and 45.
- (10) Always sit in good position, hold your pen correctly, and write with freedom. Study the pictures on pages 3 and 4.
- (11) Study and practise quite often the forms of letters and figures shown on page 5.
- (12) Always write on the baseline.

The pupil should always write on the baseline as follows.

aman can run a race.

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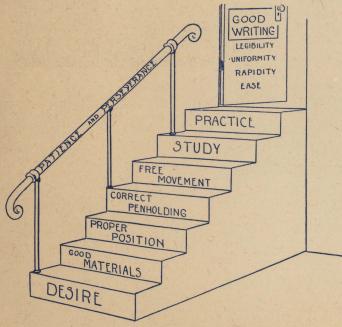


372.51 M163 V.4

MacLEAN METHOD JUNIOR CERTIFICATE

If you climb the stairs to Good Writing, you may win a Junior Certificate. It is much larger than this picture. Your writing must be as good as that shown on page 45.





THE STAIRS TO GOOD WRITING

There is no elevator to Good Writing. You must climb the stairs.

These stairs have names, as follows:—

Desire—You must wish to write well.

Good Materials—Use good ink, good paper, good pen nibs, and a good penholder.

Proper Position—Always sit in a good position.

Correct Penholding — Study the pictures on page 4.

Free Movement-Glide on the finger nails.

Study—the forms in this Compendium.

Practice—Work hard and you will succeed.

See the strong railing called Patience and Perseverance.

"If at first you don't succeed, Try, try again."

A Good Position for Good Writing and Good Health

STUDY THESE PICTURES



Feet flat on the floor—Left foot slightly ahead of the right—Back straight—Head up—Right arm resting on the desk.



Paper placed on an angle—Pen held lightly—Left hand to hold and move the paper — Back straight—Head up.



Left foot ahead of the right—Back straight—Head up—Left elbow on the desk—Body leaning forward.

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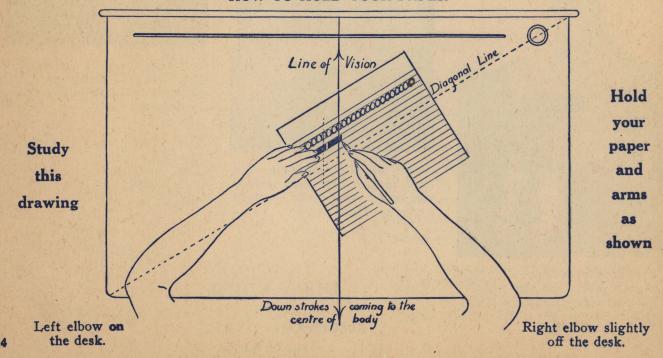
HOW TO HOLD YOUR PEN - STUDY THESE PICTURES

Hold your pen lightly. Curve your fingers. Keep them together. Keep your wrist off the desk. Let your hand glide on the finger nails of the last two fingers.





HOW TO HOLD YOUR PAPER



THE MacLEAN METHOD ALPHABET AND FIGURES ABODE FLANIJKL mnoparsj 20012672 abede fghijkel mnopgrest wwwnyz 1234567890 1234567890 The quick brown for jumps over the lazy dog.

Study the letters, figures, and words on page 5. Write them on your practice paper. Then write what is on page 5 in this space. Sign your name and write the date. Several times during the year, write this page again, and compare your writing with this. Near the end of the school year, write the same thing on page 7. Compare this with page 6 and see how much your writing has improved during the year.

	A SAMPLE OF MY	WRITING-AT	THE BEGINNING	OF GRADE IV.
			Maria Comment	
		4 N N N N N N N N N N N N N N N N N N N		
			The second secon	
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				Part of the second
40		2000		• 1 1 1 1 1
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	+			The second secon
NAME OF PU	PIL			Date

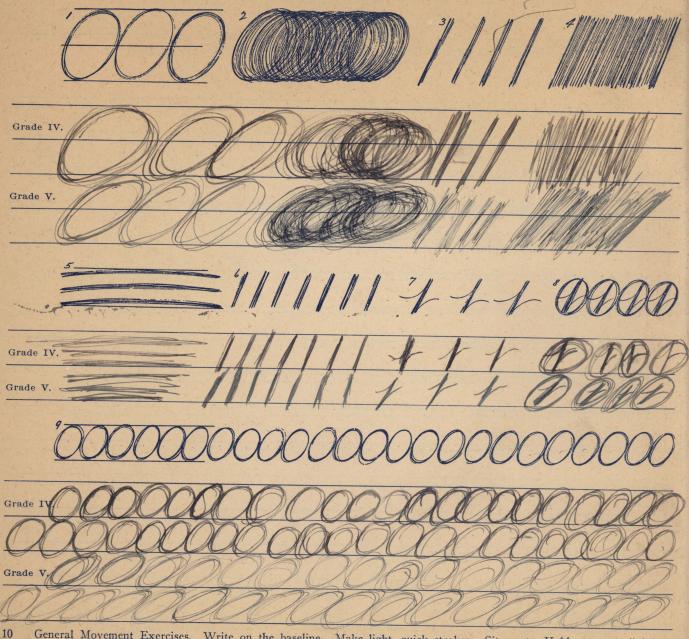
A SAMPLE OF MY WRITING-AT THE END OF GRADE IV. (See page 6)

Study the letters, figures, and words on page 5. Write them on your practice paper. Then write what is on page 5 in this space. Sign your name and write the date. Several times during the year, write this page again, and compare your writing with this. Near the end of the school year, write the same thing on page 9. Compare this with page 8 and see how much your writing has improved during the year.

A SAMPLE OF MY WRITING-AT THE BEGINNING OF GRADE V.

abcocf & XIXX
mnop2 RSJUWWY
abædefghijklmn
opgretur wayg
1234567890 1234567890
The quick brown for jump
The quick brown fox jump over the lazy dog.
NAME OF PUPIL Clarence Danies Date Seft 14, 193

A SAMPLE OF MY WRITING—AT THE END OF GRADE V. (See page 8)



General Movement Exercises. Write on the baseline. Make light, quick strokes. Sit erect. Hold your pen lightly.

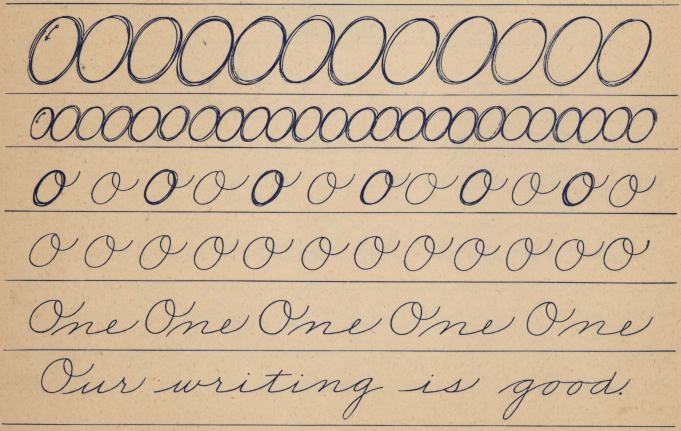
"unnennen
un men m
Grade IV. 11111111111111111111111111111111111
m m m m
Grade V. M. M. M. M.
Me Me me
0000000000000
Grade IV. 000 000 000
000 000 000 000
Grade V. 000 000 000 000
000 000 000 000
innn mnn mnn
Grade IV.
Grade V. MMM MMM MMMM
mnn mmm mmn

A PRACTICE LESSON

This page shows you how to arrange a practice lesson on a capital letter before writing in this Compendium.

- 1. Write about one line of each drill. Count quietly as you write. Hold your pen lightly and write freely.
- 2. Study the form of the letter in this Compendium. Then place your practice paper over it and write one line of letters.
- 3. Compare your letters with those in this book and see where you can improve.
- 4. Now write several more, always trying to do better.
- 5. Next study the word, and practise it as you did the letter. Compare with the writing in the Compendium. Study the curves and the spacing between the letters in the words.
- 6. Then study and practise the sentence.
- 7. Lastly, write your very best in the spaces in this Compendium. Note the spaces for Grades IV. and V. respectively.

ALWAYS WRITE ON THE BASELINE.



000000000000000
Grade IV 00000000000000000000000000000000000
Grade V. M.
O O O O O O Ontario
Grade IV. Crade V. Crade V.
The small o is also developed from the left oval. Count 1, 2, 3. Strive for uniformity in the group drill.
000000000000000000000000000000000000000
Grade IV OOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOO
Grade V MMM O O O O O
10 o o o o o o on no
Grade IV. O o o o o o o o o o o o o o o o o o o

On the fingers we glide!
Grade IV. In the fingers we glide
Grade V. In the fingers we glide.
The C is a left-oval capital. Study the large form. Count 7 for the exercise and 2 for the letter. Finish high.
000000000000000000000000000000000000000
Grade IV 00000 CDC, CD CDC
Grade IVOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOO
Cococo Canada
Grade IV. Co Co Co Canada Grade V. Canada
Grade V. ((((((anada
Notice the hook in the small c. Make a good overturn starting stroke and finish with an underswing. Count 1, 2, 3. HALF-SPACE NIGHT
Grade IV. PAPAPAPAPAPAPAPAPAPAPAPAPAPAPAPAPAPAPA
Grade V. COMMON ON ON
Week the side to the court of t

Med our recent cocoa
Grade IV. CANCEROCOO
Grade IV. CONCOCCO COCCOCO
Can you use muscular movement?
Grade IV. Cansayous use muscular movemen Grade V. Can you use muscular movemen
The A is another left-oval capital. Practise the oval first. Finish downward and forward. Count 1, 2.
00000 a a a a a a a
Grade IV 000000 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
A arm anne alice
Grade IV. Arm Anne Alice Grade V. Almane Alice
Grade V. Min Anne Olice

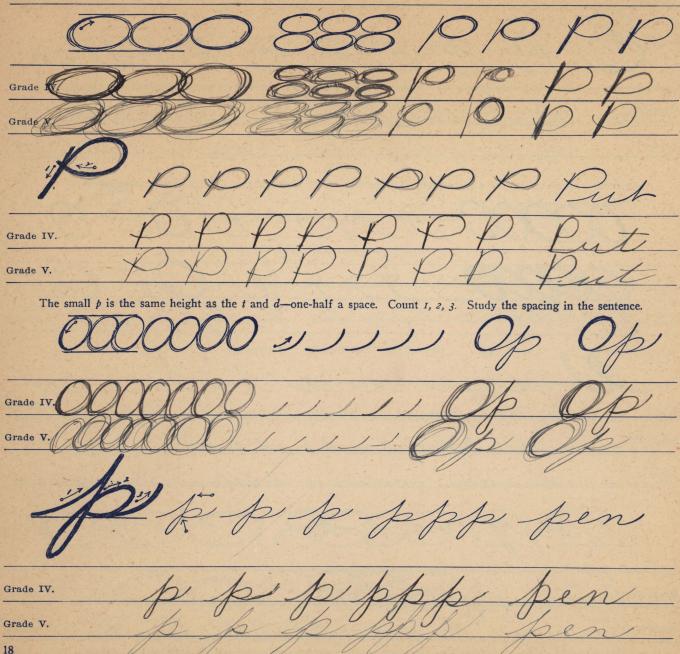
Let the right arm rest on the muscular pad of the forearm. Keep the wrist up. Use a free, easy movement.

FICTORION (CO jav a) Tava a)
Grade IV. ///// A) a) a) a)
Grade V. a a a a a
Alana a a a a dida a a
Grade IV. a a a a a a a a a a a a
Grade V. a a a a a a a a a a a a a a a a
am am am am am am a
Grade IV. amam am am am am am
Grade V. am am am am am am a
The E is a left-oval capital. Commence it with a dot. See the horizontal loop. Count 7 for the exercise and 3 for the letter.
000888 E Eu
Grade V. 200888866600
Grade V. D. S.

16 Hold your pen lightly. Let the penholder point between your elbow and shoulder. Move the paper with the left hand.

Cont
E E E E E E Ella
Grade IV. 6.6,6,6,6,6,6,6,6,6,6,6,6,6,6,6,6,6,6,
Grade V. 666666660la
The small e is one-quarter of a space high. Always loop an e. Count 1, 2, 3. Watch the finishing stroke.

mo)) e de de me de de de Grade IV. Grade V. Every minute very minute counts Grade V.



Patience and perseverance pay.
in the second se
Grade IV. Patience and berseverance har
Grade V. Patience and perseverance pay Grade V. Patience and perseverance pay
The B has a dot finish. Notice the centre loop. Count 1, 2, 3, Dot. See how it is joined to the u in But.
11111111 8888 1818 13
Grade IV 1111111 8888.181818
Grade V.////////////////////////////////////
13 13 13 13 13 13 13 13 13 14 1
Grade IV. B B B B B B But
Grade V. 18 18 18 18 18 18 18 18 18 18 18 18 18
The small b is made up of l and v . It is three-quarters of a space high. Notice the retrace at the arrow point.
<u>00000000</u>
Grade 1000000000000000000000000000000000000

Sit in the correct writing position. Keep your feet flat upon the floor, your back straight, and your head erect.

Grade V

it b b b b b b b b b b
Grade IV. b bebbbbbb
Grade V. blabble bob
Be sure to sit erect.
Grade IV. Be sure to sit erect.
Grade V. Be sure to set evert
Finish the R downward with a flying finish. Count 1, 2, 3. Make the loop a little above the centre.
10000000000000000000000000000000000000
Grade V. DODO DODO DODO REPORTOR DO PORTOR DO
Grade V. DODOO O O O O O O O O O O O O O O O O
13 RRRRRRR Run
Grade IV. RARARARARA
Grade IV. Grade V. Quantum Description of the past two fingers of the right hand as sketer Guyo the finger well and least the state.
20 Use the finger nails of the last two fingers of the right hand as alestes Curve the finger well and have the

000000000000000000000000000000000000000
Grade IV 00000000000000000000000000000000000
000000000000000000000000000000000000000
Grade VOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOO
000000000000000000000000000000000000000
M rrrrrrr
Grade IV. Nr. K.
rrrrrrr
Grade V. M.
rrrrrrrr
rarer rarer rarer rarer
Grade IV. rarer rarer rarer rarer
rarer rarer rarer garer
Grade V. haret haret haret hater
raret rater raper traver

Figures and Abbreviations

Figures must be made quickly, legibly and neatly. They should be made a little higher than the minimum letters. Study the forms of figures shown here and use them in your Arithmetic practice. The 6 is taller than the others and the 7 and 9 extend below the baseline. Practise the abbreviations shown here.

1234567890
1234567890 1234567890
Grade IV./2 3 4 5 6 7 8 9 0 Grade V./2 3 4 5 6 7 8 9 0 2. 5 3. 5 5 9 9 5 \$ \$ \$ \$ \$ \$
2.50 3.50 5.50 9.50 \$ \$ \$ \$ \$
Grade IV.
Grade V. 2 2 3 20 5 00 9 00 \$ \$ \$ \$ \$ \$ \$ \$ \$
% % % % % % % % % % af af af af af af
Grade IV.
Grade V. 70 70 70 70 70 70 70 70 90 00 00 00 00 00 00 00 00 00 00 00 00
AAAAAAA @@@@@@
Grade IV.
Grade V. FY Y Y Y Y Q Q Q Q Q Q Q
Or JOO Alo. Dr. Mr.

Use a free movement in your writing. All the best penmen do that. Study the forms in this book. Do not copy them.

Have you a light touch?
at the second se
Grade IV. Have you a light touch?
Grade V. Have sow a light tout by?
The K is another loop-start letter. Count 1, 2-3, 4. Notice the centre loop and the double curves. Finish downward.
100000000000000000000000000000000000000
Grade IV
Grade V V V V V V V V V V V V V V V V V V V
KXXXXXXXXXXXX
Grade IV. A PAR A Riche Grade V.
The small k is also an upper-loop letter. Make the second downward stroke parallel to the first one. Count 1, 2 and 3.
0000000 JJ I h h
he he he held hick
Grade IV. le be bekk kick
Grade V. h k kk kick

Leep your heads erect. your heads erect. The T and F are very much alike. Count 1, 2, dot for the T, and 1, 2, dot, cross for the F. 08027:13 7-7-7-7 Som Sed Fred ted tred tell The t is a half-space letter and the same height as the d and p. The f is made up of l and q. See the i in the f. tett the hit

il 20, 0, 0, 0, 000, 20, 10, 10, 10, 10, 10, 10, 10, 10, 10, 1
From f ff ff of if
Grade IV. 8, 8, 8, 18, 18, 18, 18, 18
Grade V. 0101010101
The state of the s
Grade IV. Holf of if Grade V. Find time to practise.
Grade IV Find time to practise
Grade V. Find time to practise.
M and N are loop-start capitals. Count 1, 2, 3, 4 for the M and 1, 2, 3 for the N. Keep the tops rounded.
OI 12 2 22 nn mm m
Grade () 1) 7 m m m m m
Grade Of 1997 M M M M M M M M M M M M M M M M M M
Mr. Miss Ned Nora M
Grade IV. Mr. Miss Ned Mora M.
Grade V. Mr. Miss hed have my
26. Turn to page 5 of this Compendium and find the capitals which have a right oval "loop-start." There are eleven of them.

mmm mmm mnn
Grade IV mmm m m m m m m m m m m m m m m m m
Grade V. mmm m m m m m m m m m m m m m m m m
mm m m mmm
Grade V. MIMM mmmm
Grade V. mm m mmm
me inn no mine
Grade IV. Me inn no mine
Grade V. me inn no mine
The I commences a little below the baseline and finishes with a dot. Round it at the top. Count 1, 2, dot.
70000 III III II
Grade IV 0000 111 11 -1 11 1
0000 1 1 1 - 1 - 1 - 1
Grade V DODO 2 L L L L L L L
10000 112 cl -0 cl 20

Il In It Iona Ina
Grade IV. In It Iona Ina Grade V. In It Iona Ina
Grade V. In It Imalna
The downward stroke of the small i is on the main slant. Finish as shown. Count 1, 2, 3, dot.
2) 1) 18/1/11 et it i
Grade IV. 11/1/1/1/1/1/1/1/1/1/1/1/1/1/1/1/1/1/1
Grade V. ///////////////////////////////////
L'ini in in
Grade IV. 11111111111111111111111111111111111
Grade IV. NNININI ICE Grade V. NNININI ICE
Iuse a free movement.
Grade IV. I use a / Steel movement
Grade V. I use a free movement.

Try to bring a High Honour Diploma to your class this year. Do your best.

Have you developed a light touch? See how much you can write with one dip of ink. Sit erect. Write with rhythm.

Grade V.

Jack jumped up guickly.
IV.
v.
The S and G are very much alike. Practise the drills shown. Count 1, 2, dot for the S, and 1, 2, 3, dot for the G.
SSSSSSSSummer
IV.
v.
Le de
IV.
The second se

Grade

Grade

Grade

Grade

Grade

Grade V.

Count 1, 2, 3, for the small s. It is the same height as the r. Do not make a loop. Count 1, 2, 3, for the g.
1323/ A LITTLE MORE THAN ONE-OUNRIER SPACE. SSS IS CASE
Grade IV.
Grade V.
if fig gag gag go
Grade IV.
Grade V.
Sand & sand g & and &
Grade IV.
Grade V.

DILL DDDDDD Der Do
Grade IV.
Grade V.
Je LLLLL Lena Laura
Grade IV.
Grade V.
The d is one-half a space high. Close the top of the "a" part. The l is three-quarters of a space high. See the i in l. A A A A A A A A A A A A A A A A A A A
Grade IV.
Grade V.
bl lll lll little lull
Grade IV.
Grade V.

Do your best writing in ALL your written work—not only in the Writing lesson. Aim for evenness of size, slant, and spacing
Learn to write sentences well.
Grade IV.
Grade V.
The U is another loop-start letter. Study the large form of U. Practise a few lines of each word shown. 24 0000 U U U U U
Grade IV.
Grade V.
Use Umpire Uncle U
Grade IV.
Grade V.

The small u contains t	hree underswing and two	main-slant strokes. Make the downward strokes parallel. Finish high.
		minu munu

Grade IV.

Grade V.

Il www unw union

Grade IV.

Grade V.

Use muscular movement always:

Grade IV.

Grade V.

The first stroke of the V is the same as that of the U. Study closely the large form, the arrows, and the curves.

V 0000 2 2 2 2 2

Grade IV.

Grade V.

Learn to write your name and address rapidly, smoothly, and legibly. Study the capital letters on page 5. Do your bes
Victoria Vancouver
Grade IV.
Grade V.
Notice the retrace in the v. It finishes the same as b and w. Keep the bottom round. Pause briefly at the arrow.
<u>00000000</u> mm mm
Grade IV.
Grade V.
Nigerale viv v v v v v v v v v v v v v v v v v
Grade IV.
Grade V.
Vivian vim vine v
Grade IV.
Grade V

Keep your right elbow slightly off the desk and let your arm rest on the muscle of the forearm. Curve your fingers.

The first stroke of the W is the same as the first stroke of the H. The remainder of the letter is like a final t.

0000	299	911	AAA
------	-----	-----	-----

Grade IV.

Grade V.

Dit of of of they

Grade IV.

Grade V.

Practise these exercises before trying the small w. Notice the final retrace and finishing stroke of w. Count 4.



Grade IV.

Grade V.

MITANCE WWW WWW Win

Grade IV.

Grade V.

36 Good writers are not made by sighing "O how beautiful!" and sitting in the shade. Write on the baseline.

Sit in a good position while you write. This is good for your health, and good for your writing. See page 3.
Hatch your position.
Grade IV.
Grade V.
The X is a loop-start and a loop-finish letter. The two parts of the letter should just touch each other. Count 1, 2-3, 4
00000 9 9 9 00000 6 6 6
Grade IV.
Grade V.
26 % % % % Deernes
Grade IV.
Grade V.
Notice the overturn and underswing in small x on page 38. Practise these exercises. Write smoothly. Count 1, 2-3, 4.
Grade IV.

Grade V.

Me and a sid are

Grade IV.

Grade V.

The Y is another loop-start letter. It starts like U and finishes like j. Count 1, 2, 3. Study the large form.

2/3 0000 y y y y y

Grade IV.

Grade V.

yours yale yes york

Grade IV.

Grade V.

The y is composed of v and j. Practise several lines of the drills shown. Write the sentence with a free movement.

NOTE SPACE S

y y y y y

Grade IV.

Grade V.

38 You are nearing the end of the book. Do your best writing. Always write on the baseline.

Study connecting curves in words. See the simple curve from y to o in you, and the double curves in eye, say, and truly. Grade IV. Grade V. you should write freely. Grade IV. Grade V. The Q and Z commence the same but finish differently. They are the same height—three-quarters of a space. Grade IV. Grade V. See the a in the q, and the first stroke of x in the z. The q finishes like f, and the z like j. Study the forms shown. Oagggggiet Grade IV. Grade V.

02222222 Juli

Grade IV.

Grade V.

Das gggginn gone

Grade IV.

Grade V.

Quesnel Joo Queber

Grade IV.

Grade V.

mnx262124 UV y 2 3

Grade IV.

Grade V.

40 This is your last lesson on the letters. Make it your best. Write with freedom and rhythm. Use a free movement.

address, Date. Mr. H. B. MacLean. Vancouver, 13.6. Dear Sir: I have completed my course in Compendium No. 4 of the MacLean Method of Writing. I hope that the standard of my work is sufficiently high to warrant your granting me a Writing Certificate. yours sincerely.

GRADE IV.

	Study the letter on page 41. Write it a few times on practice paper, then write it as well as you can Write lightly and freely.	on this paper.
101		i er
		- Alexander

GRADE V.

		My Bulk Dillie		The same of the sa		
		4. 3. 2.		5.00		
				7		
The state of the s				1		
			* * * * * * * * * * * * * * * * * * * *			7. 3
				1		
A STATE OF THE STA					5 113 1X	
	100	-0				13 + 3-7
		Charles Land	734,400			11
	The same of					To King
		1	4			
			- 1	7	7-3	
	A CONTRACTOR OF THE PARTY OF TH		100 700		+ 3	X 1 () ()

SATISFACTORY STANDARD FOR GRADE IV.

This is good writing for a pupil in Grade IV. Write these sentences on extra paper, then write them on this page. Compare your writing with this standard. Is it as good? If so, you are doing splendidly. If not, you must study and practise more, and try again.

Compendium n method of 21	riting mar Lean
I hope that work is su warrant you Writing Certif	I the standard of my efficiently high to ergranting me a licate. Yours sincerely,
	yours sincerely,

SATISFACTORY STANDARD FOR GRADE V.—JUNIOR CERTIFICATE STANDARD

This is good writing for a pupil in Grade V. Write these sentences on extra paper, then write them on this page. Compare your writing with this standard. Is it as good? If so, you can qualify for a MacLean Method Junior Certificate.

macLear	n Meth	od of?	muscu	lar
Moveme	nt Skrid ke tha	thes	tanda	rdof
my work warrant	your g	cantis	ly nig	a so
Thriting	rerigi	yo	urssin	rcerely
A STATE OF THE STA			NATURAL AND	
				The state of the s
	A STATE OF THE STA			
The second second		LAND HOLD		and the second

AUTOGRAPHS OF MY TEACHER AND THE MEMBERS OF MY CLASS

A STATE OF THE STATE OF THE STATE OF THE STATE OF	GRADE IV.	Date
*		
	The second of the second	

46

AUTOGRAPHS OF MY TEACHER AND THE MEMBERS OF MY CLASS

	GRADE V.	Date
		A Committee of the Comm
		Electronic Control of the second
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The second of th		
		The state of the s

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A Letter from the Author

Dear Pupil:

You have spent two more years practising penmanship. Your writing should be very good now.

Do you always write with freedom? Do you hold your penholder lightly and allow the hand to glide on the finger nails? Have you learned to sit erect in a healthful, comfortable position while you write?

Give samples of your writing to your teacher, who will send them to the Author. If your writing is up to the required standard you may qualify for a MacLean Method Junior Certificate.

Help your class win a High Honour Diploma. Your teacher will explain how to do this.

I wish you every success in your writing.

Yours sincerely,

24.13. Mac Lean

